



Balboa 4 Mile (Balboa Park)

September 3, 2016

Race Director: Paul Baumhoefner

Race 2 of 2016 USATF/VS Athletics Dirt Dog XC Series



Masters Race

Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
1	Stephen Johnson	24:21	Yes	44	M	40+	1	100	boom RUNNING	40+	1
2	Todd Braje	24:30	Yes	40	M	40+	2	90	boom RUNNING	40+	2
3	Michael Daly	24:33	Yes	40	M	40+	3	81	boom RUNNING	40+	3
4	Ciro Melendez	24:42	Yes	45	M	40+	4	73	Jamul Toads	40+	4
5	Hilary Corno	24:51	Yes	40	F	40+	1	100	Prado Racing Team	40+	1
6	David Easa	24:53	Yes	41	M	40+	5	66	boom RUNNING	40+	5
7	Tom Bache	24:59	Yes	44	M	40+	6	59	San Diego Track Club	40+	6
8	Jayson Fultz	25:07	Yes	44	M	40+	7	53	Jamul Toads	40+	7
9	Jeff Creighton	25:15	Yes	53	M	50+	1	100	Prado Racing Team	50+	1
10	Philip Dunn	25:31	Yes	45	M	40+	8	48	San Diego Track Club	40+	8
11	Edgar Diaz	25:58	Yes	42	M	40+	9	43	San Diego Track Club	40+	9
12	Rodney Lobato	26:13	Yes	50	M	50+	2	90	RunningSkirts Runderlust	40+	10
13	Justin Runac	26:22	Yes	43	M	40+	10	39	Prado Racing Team	40+	11
14	Andrew Block	26:24	Yes	47	M	40+	11	35			
15	Juan Carlos Ayala	26:33	Yes	43	M	40+	12	32	San Diego Track Club	40+	12
16	Amy Halseth	26:38	Yes	46	F	40+	2	90	Prado Racing Team	40+	2
17	Sheldon Subith	26:43	Yes	61	M	60+	1	100	San Diego Track Club	60+	1
18	Jose Rivera	26:50	Yes	44	M	40+	13	29	San Diego Track Club	40+	13
19	Matt Olson	26:54	Yes	41	M	40+	14	26	RunningSkirts Runderlust	40+	14
20	Marc Sosnowski	27:13	Yes	49	M	40+	15	23	Prado Racing Team	40+	15
21	Marshall Varano	27:25	Yes	54	M	50+	3	81	Jamul Toads	50+	2
22	Paul Mills	27:34		51	M						
23	Dan Daft	27:43	Yes	46	M	40+	16	21	San Diego Track Club	40+	16
24	Randy Ray	27:45	Yes	40	M	40+	17	19	Jedi Masters	40+	17
25	Bryan Wallbank	27:46	Yes	48	M	40+	18	17	Jamul Toads	40+	18
26	Greg Wagner	27:47	Yes	60	M	60+	2	90	San Diego Track Club	60+	2
27	John Griego	27:49	Yes	58	M	50+	4	73	San Diego Track Club	50+	3
28	Les Shibata	27:58	Yes	61	M	60+	3	81	San Diego Track Club	60+	3
29	David Jewell	28:03		52	M						
30	Celestine Arambulo	28:11	Yes	46	F	40+	3	81	RunningSkirts Runderlust	40+	3
31	Laura Stuart	28:18	Yes	51	F	50+	1	100	San Diego Track Club	40+	4
32	Luis Figueroa	28:24		41	M						
33	Dave Spinler	28:27	Yes	57	M	50+	5	66	San Diego Track Club	50+	4
34	Mark Kelley	28:45	Yes	55	M	50+	6	59	San Diego Track Club	50+	5
35	Ron Wells	28:47	Yes	70	M	70+	1	100	Florida Track Club-W	70+	1
36	Jennifer Matthews	28:55	Yes	42	F	40+	4	73	RunningSkirts Runderlust	40+	5
37	Roseann Parry	28:57	Yes	50	F	50+	2	90	San Diego Track Club	40+	6
38	Rick Siebern	29:06	Yes	56	M	50+	7	53	San Diego Track Club	50+	6
39	Hank Sullivan	29:10	Yes	67	M	60+	4	73	San Diego Track Club	60+	4
40	Kamran Rahbar	29:30	Yes	57	M	50+	8	48	San Diego Track Club	50+	7
41	Maureen Friend	29:42	Yes	50	F	50+	3	81	San Diego Track Club	50+	1
42	Grafton Houston	29:49	Yes	63	M	60+	5	66	Florida Track Club-W	60+	5
43	Peter Gerstoft	29:56		58	M						
44	David Dunbar	29:57	Yes	66	M	60+	6	59	Jamul Toads	50+	8
45	Ricardo Bartlett	30:04	Yes	55	M	50+	9	43	Bonita Road Runners	50+	9
46	Bob O'Toole	30:21	Yes	53	M	50+	10	39	Jamul Toads	50+	10
47	Joseph Ortiz	30:35	Yes	44	M	40+	19	15	Jedi Masters	40+	19



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Masters Race

Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
48	Ivan Carlos	30:42	Yes	46	M	40+	20	14			
49	Rick Bushore	31:02	Yes	63	M	60+	7	53	San Diego Track Club	60+	6
50	Alex Tamayo	31:06	Yes	50	M	50+	11	35	Bonita Road Runners	50+	11
51	Kent Richardson	31:11	Yes	61	M	60+	8	48	San Diego Track Club	60+	7
52	Glen Freter	31:17	Yes	54	M	50+	12	32	San Diego Track Club	50+	12
53	Patricia Hernandez	31:18		52	M						
54	Jackie Melchor	31:20		40	F						
55	Gordon Lutes	31:30	Yes	71	M	70+	2	90	San Diego Track Club	70+	2
56	Brian Lovshin	31:33		46	M						
57	Linda Powers	31:39	Yes	59	F	50+	4	73	San Diego Track Club	50+	2
58	Philipp Bosshart	31:40		44	M						
59	Robert Boyce	31:42		64	M						
60	Andrea Guzman	31:45		45	F						
61	Abram Garcia	31:59	Yes	60	M	60+	9	43	Bonita Road Runners	50+	13
62	Daniel Diehr	32:13	Yes	67	M	60+	10	39	San Diego Track Club	60+	8
63	Jacob Ritland	32:16	Yes	41	M	40+	21	13	RunningSkirts Runderlust	40+	20
64	Dale Reed	32:17	Yes	53	M	50+	13	29	Bonita Road Runners	50+	14
65	Jason Klingenberg	32:33		46	M						
66	Valerie Miller	32:35	Yes	46	F	40+	5	66	San Diego Track Club	40+	7
67	Nancy Wilkins-Diehr	32:40	Yes	54	F	50+	5	66	San Diego Track Club	50+	3
68	Jan Kafka	32:43	Yes	69	M	60+	11	35	San Diego Track Club	60+	9
69	Steve Dean	32:46		52	M						
70	Andrew Suozzo	32:48	Yes	70	M	70+	3	81	San Diego Track Club	70+	3
71	Janice Riedel	32:55	Yes	53	F	50+	6	59	San Diego Track Club	50+	4
72	Gregory Aarons	33:06	Yes	64	M	60+	12	32	San Diego Track Club	60+	**
73	Karen Villedieu	33:08	Yes	59	F	50+	7	53	San Diego Track Club	50+	5
74	Tom Sweet	33:11	Yes	70	M	70+	4	73	San Diego Track Club	70+	4
75	Russ Osborn	33:13		56	M						
76	Sheli Lachel	33:14	Yes	52	F	50+	8	48	San Diego Track Club	50+	6
77	Cruz Arredondo	33:24		43	M						
78	Ron Enos	33:36	Yes	71	M	70+	5	66	Florida Track Club-W	70+	5
79	Lisa Routhier	33:37	Yes	47	F	40+	6	59	San Diego Track Club	40+	8
80	Miguel Alvarez	33:42	Yes	58	M	50+	14	26	Bonita Road Runners	50+	15
81	Tom Wilcox	33:49		59	M						
82	Melissa Sosnowski	33:54	Yes	47	F	40+	7	53	RunningSkirts Runderlust	40+	9
83	Ellen Fleischman	33:59	Yes	54	F	50+	9	43	San Diego Track Club	50+	7
84	Steve Doyle	34:07	Yes	68	M	60+	13	29	Florida Track Club-W	60+	10
85	Mary Ryzner	34:08	Yes	62	F	60+	1	100	San Diego Track Club	60+	1
86	Marian Schmidt	34:14	Yes	61	F	60+	2	90	San Diego Track Club	60+	2
87	Dan Linehan	34:25	Yes	67	M	60+	14	26	Florida Track Club-W	60+	11
88	Tom Karins	34:49		47	M						
89	Jason Neese	34:57		41	M						
90	Deborah Shea	35:00	Yes	62	F	60+	3	81	San Diego Track Club	60+	3
91	Kevin Schultz	35:03		47	M						
92	Ruth Earley	35:03		40	F						
93	Dennis Kasischke	35:21	Yes	70	M	70+	6	59	San Diego Track Club	70+	6
94	Nela Cavelis	35:54	Yes	48	F	40+	8	48	San Diego Track Club	40+	10



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Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
95	John Buckley	36:14		67	M						
96	Summer Pretzer	36:27	Yes	41	F	40+	9	43	San Diego Track Club	40+	11
97	Kenneth Pinckney	36:40	Yes	40	M	40+	22	12	Jedi Masters	40+	21
98	Yolanda Loya	36:51		47	F						
99	Hal Goforth	37:04	Yes	71	M	70+	7	53	Florida Track Club-W	70+	7
100	Cathy Wilcox	37:34		55	F						
101	Tina Breen	37:42	Yes	60	F	60+	4	73	San Diego Track Club	60+	4
102	Javier Rios	37:45	Yes	55	M	50+	15	23	Jedi Masters	50+	16
103	Douglas Kenyon	37:54	Yes	73	M	70+	8	48	San Diego Track Club	70+	8
104	Peter Stern	38:00	Yes	71	M	70+	9	43	San Diego Track Club	70+	9
105	Kathy Linenberger	38:15	Yes	57	F	50+	10	39	San Diego Track Club	50+	8
106	Nasara Gargonnu	38:31		46	M						
107	Antonio Melchor	38:37	Yes	55	M	50+	16	21	Jedi Masters	50+	17
108	Doreen Karp	38:43	Yes	68	F	60+	5	66	San Diego Track Club	60+	5
109	Sean Hennessy	39:13		58	M						
110	Gloria Ramirez	41:51	Yes	45	F	40+	10	39	RunningSkirts Runderlust	40+	12
111	Myrtle Spowart	42:21	Yes	63	F	60+	6	59	San Diego Track Club	60+	6
112	Sylvia Verdugo	42:57	Yes	53	F	50+	11	35	RunningSkirts Runderlust	40+	13
113	Jeffery Jacobs	43:46		73	M						
114	Robert Leidolf	44:19		63	M						
115	Jim Summers	44:35	Yes	57	M	50+	17	19			
116	Kim Satterlee	45:09	*	66	F	60+			San Diego Track Club	60+	*
117	Rob Mulcahy	45:24		64	M						
118	Yvonne Gentry-Cottrell	45:41	Yes	46	F	40+	11	35	RunningSkirts Runderlust	40+	14
119	Benjamin Spowart	46:16	Yes	60	M	60+	15	23			
120	Warren Osborn	47:59	Yes	82	M	70+	10	39	San Diego Track Club (80+)	70+	10
121	Amy Allen	48:14	Yes	71	F	70+	1	100	San Diego Track Club	70+	1
122	Mitchell Karp	49:17	Yes	80	M	70+	11	35	San Diego Track Club (80+)	70+	11
123	Peter Andersen	52:20		69	M						
124	Martha Walker	54:00	Yes	80	F	70+	2	90	San Diego Track Club	70+	2
125	Rosalena Hefferle	54:10	Yes	50	F	50+	12	32	RunningSkirts Runderlust	40+	15
126	Patricia Bentz	55:36	Yes	72	F	70+	3	81	San Diego Track Club	70+	3
127	Edwin Gookin	56:21	Yes	82	M	70+	12	32	San Diego Track Club (80+)	70+	12
128	Donna Gookin	62:45	Yes	79	F	70+	4	73	San Diego Track Club	70+	4

Note:

*Dirt Dogs must have current San Diego-Imperial USATF membership

**Top 8 team members score

Division age based on date of championship race (November 13, 2016)



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September 3, 2016
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Open Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
1	Daniel Gonia	21:13	Yes	28	M	Open	1	100	San Diego Track Club	Open	1
2	Alexis Verdugo	21:42		21	M						
3	Ryan Maize	21:47		22	M						
4	Steven Lepe	21:49		21	M						
5	Elias Kibrom	21:52		18	M						
6	Noah Monroy	21:59		16	M						
7	Bryan Alvarado	22:00		20	M						
8	Bryan Kelly	22:23		33	M						
9	Daniel Seidel	22:26	Yes	36	M	Open	2	90	Prado Racing Team	Open	2
10	Roberto Marin	22:27		18	M						
11	Isaiah Thomas	22:32		18	M						
12	Damon Valenzona	22:36	Yes	29	M	Open	3	81	boom RUNNING	Open	3
13	Brian Valentini	22:39	Yes	33	M	Open	4	73	San Diego Track Club	Open	4
14	Jose Gonzalez	22:41		18	M						
15	Kiernan Elam	22:44		19	M						
16	Charles McKeown	22:51	Yes	34	M	Open	5	66	Prado Racing Team	Open	5
17	Andy Corman	23:00	Yes	36	M	Open	6	59	Prado Racing Team	Open	6
18	Paul Aste	23:12		20	M						
19	Alex Samarin	23:16	Yes	29	M	Open	7	53	San Diego Track Club	Open	7
20	Charlie Gamble	23:19	Yes	28	M	Open	8	48	San Diego Track Club	Open	8
21	Luis De La Vega	23:26	Yes	31	M	Open	9	43	boom RUNNING	Open	9
22	Rory Golden	23:30	Yes	31	M	Open	10	39	boom RUNNING	Open	10
23	Alex Phipps	23:31	Yes	34	M	Open	11	35	Prado Racing Team	Open	11
24	Ryan Lawler	23:33		24	M						
25	Chris vanBlommestein	23:36	Yes	35	M	Open	12	32	boom RUNNING	Open	12
26	Paula Lamont	23:45	Yes	28	F	Open	1	100	boom RUNNING	Open	1
27	Ryan Najera	23:46		21	M						
28	Rafael Valente	23:46	Yes	29	M	Open	13	29	San Diego Track Club	Open	13
29	Jonathan Pierce	23:50	Yes	33	M	Open	14	26	San Diego Track Club	Open	14
30	Kevin Elder	23:56		27	M						
31	Kevin Sorrell	24:09	Yes	28	M	Open	15	23	Prado Racing Team	Open	15
32	Erin Menefee	24:14	Yes	24	F	Open	2	90	Prado Racing Team	Open	2
33	Francisco Aguilar	24:22		19	M						
34	Michael Clinch	24:25	Yes	34	M	Open	16	21	San Diego Track Club	Open	16
35	Dave Dunbar	24:27	Yes	36	M	Open	17	19			
36	Spencer Shaak	24:28		28	M						
37	Cortney Berling	24:30	Yes	26	F	Open	3	81	Prado Racing Team	Open	3
38	Dane Randolph	24:41		21	M						
39	Robert James	24:42	Yes	32	M	Open	18	17	San Diego Track Club	Open	17
40	Max Ontiveros	24:43		15	M						
41	Daniel Jackson	24:54		27	M						
42	Saulo Rivera	24:56	Yes	38	M	Open	19	15			
43	Kristi Gayagoy	25:00	Yes	27	F	Open	4	73	boom RUNNING	Open	4
44	Jessica Textoris	25:02	Yes	35	F	Open	5	66	boom RUNNING	Open	5
45	Curtis Smith	25:13		18	M						
46	Erica Schoeller	25:16	Yes	32	F	Open	6	59	San Diego Track Club	Open	6
47	Marie Schaper	25:17	Yes	28	F	Open	7	53	Prado Racing Team	Open	7



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Open Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
48	Nick Bernal	25:31	Yes	33	M	Open	20	14	San Diego Track Club	Open	***
49	Greg Lemon	25:44	Yes	29	M	Open	21	13	boom RUNNING	Open	18
50	Omar Fernandez	25:44		26	M						
51	Jenn Santa Maria	25:47	Yes	37	F	Open	8	48	boom RUNNING	Open	8
52	Ralph Lufkin	26:00		33	M						
53	Moise Diodonet	26:15		23	M						
54	Angela Moll	26:16	Yes	39	F	Open	9	43	Prado Racing Team	Open	9
55	Jeremy Crossley	26:27	Yes	36	M	Open	22	12			
56	Vera Ross	26:39	Yes	29	F	Open	10	39	RunningSkirts Runderlust	Open	10
57	Kathy Dunbar	26:45	Yes	35	F	Open	11	35	Prado Racing Team	Open	11
58	David Hartmann	26:58		28	M						
59	Lexie Thiros	27:10		18	F						
60	Sara Sanchez	27:30	Yes	27	F	Open	12	32	Prado Racing Team	Open	12
61	Roger Leszczynski	27:33		34	M						
62	Viotlana Jimenez	27:47		17	F						
63	Gina Merchant	28:08	Yes	33	F	Open	13	29	Prado Racing Team	Open	13
64	Annabel Anderson	28:24	*	35	F				RunningSkirts Runderlust	Open	*
65	Miki Scarlett	28:43		38	F						
66	Shannon Leinert	29:37		29	F						
67	Kevin Bretney	29:43	Yes	29	M	Open	23	11			
68	Jessica Karlsson	29:46	Yes	34	F	Open	14	26	RunningSkirts Runderlust	Open	14
69	Karla Khalifa	30:19	Yes	32	F	Open	15	23	RunningSkirts Runderlust	Open	15
70	Walter Bueno	30:49		28	M						
71	Jenna Van Cleve	31:20		31	F						
72	Chris Dammann	31:45	Yes	36	F	Open	16	21	RunningSkirts Runderlust	Open	16
73	Marleen Aranda	31:54		17	F						
74	Jennifer Torres	33:03		18	F						
75	John McMahon	33:24		24	M						
76	Lisa Wassilieff	34:37		37	F						
77	Liliana Fennessey	35:03		10	F						
78	Lee Miller	35:07	Yes	39	F	40+	**		RunningSkirts Runderlust	40+	**
79	Kelli Kim	35:13		32	F						
80	Carrie Powell	35:36		32	F						
81	Moises Robles	35:58		26	M						
82	Hannah Running	36:01		18	F						
83	Hannah Dupre	36:03		20	F						
84	Lelia Clay	36:04		18	F						
85	Diana Cruz	36:11		29	F						
86	Patrick Welsh	37:04		35	M						
87	Muriel Lovshin	37:17		10	F						
88	Andy Vanguilder	37:26		34	M						
89	Meera Anandakumar	37:39		30	F						
90	Viviana Gurrola	39:00		17	F						
91	Benny Holt	39:06	Yes	73	M	70+	**				
92	George Karayiannis	41:53		40	M						
93	Nicole Smith	42:08		31	F						
94	Erica Osborn	42:39		34	F						



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Open Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
95	Destiny Smith	44:13		10	F						
96	Danielle Kerr	45:16	Yes	35	F	Open	17	19	RunningSkirts Runderlust	Open	17

Note:

*Dirt Dogs must have current San Diego-Imperial USATF membership

**Masters runners must run in masters division race

***Top 8 team members score

Division age based on date of championship race (November 13, 2016)



Balboa 4 Mile (Balboa Park)
September 3, 2016
Race Director: Paul Baumhoefner
Race 2 of 2016 USATF/Movin Shoes
Dirt Dog XC Series -- Team Score



	1	2	3	4	5	6	7	8	Total	Score
Mens Open Division (5)										
San Diego Track Club	1	4	7	8	13	14	16	17	33	20
Prado Racing Team	2	5	6	11	15	X	X	X	39	14
boom RUNNING	3	9	10	12	18	X	X	X	52	10
Jamul Toads	X	X	X	X	X	X	X	X	Incomplete	
Mens 40+ Division (4)										
boom RUNNING	1	2	3	5	X	X	X	X	11	20
San Diego Track Club	6	8	9	12	13	16	X	X	35	14
Jamul Toads	4	7	18	X	X	X	X	X	Incomplete	
Jedi Masters	17	19	21	X	X	X	X	X	Incomplete	
Prado Racing Team	11	15	X	X	X	X	X	X	Incomplete	
RunningSkirts Runderlust	10	14	20	X	X	X	X	X	Incomplete	
Mens 50+ Division (3)										
San Diego Track Club	3	4	5	6	7	12	X	X	12	20
Jamul Toads	2	8	10	X	X	X	X	X	20	14
Bonita Road Runners	9	11	13	14	15	X	X	X	33	10
Jedi Masters	16	17	X	X	X	X	X	X	Incomplete	
Prado Racing Team	1	X	X	X	X	X	X	X	Incomplete	
Mens 60+ Division (3)										
San Diego Track Club	1	2	3	4	6	7	8	9	6	20
Florida Track Club-West	5	10	11	X	X	X	X	X	26	14
Mens 70+ Division (3)										
San Diego Track Club	2	3	4	6	8	9	X	X	9	20
Florida Track Club-West	1	5	7	X	X	X	X	X	13	14
San Diego Track Club (80+)	10	11	12	X	X	X	X	X	33	10
Womens Open Division (4)										
boom RUNNING	1	4	5	8	X	X	X	X	18	20
Prado Racing Team	2	3	7	9	11	12	13	X	21	14
RunningSkirts Runderlust	10	14	15	16	17	X	X	X	55	10
San Diego Track Club	6	X	X	X	X	X	X	X	Incomplete	
Womens 40+ Division (3)										
San Diego Track Club	4	6	7	8	10	11	X	X	17	20
RunningSkirts Runderlust	3	5	9	12	13	14	15	X	17	14
Prado Racing Team	1	2	X	X	X	X	X	X	Incomplete	
Womens 50+ Division (3)										
San Diego Track Club	1	2	3	4	5	6	7	8	6	20
Womens 60+ Division (3)										
San Diego Track Club	1	2	3	4	5	6	X	X	6	20
Womens 70+ Division (3)										
San Diego Track Club	1	2	3	4	X	X	X	X	6	20