

Bylaws for 2019 USATF San Diego-Imperial Association/Road Runner Sports Cross Country Series

Races

- * Races and schedule for the USATF San Diego-Imperial (SD-I) Association/Road Runner Sports Cross Country Series will be determined by the USATF SD-I Association Long Distance Running Chair(s) and the Dirt Dog Cross Country Series Director.
- * An advisory committee may be formed to evaluate proposed races and provide recommendations on the series schedule.
- * Every event director must pay \$150 race fee to USATF SD-I Association.

2019 Race Schedule

<u>Date</u>	<u>Event</u>	<u>Location</u>
Saturday, August 17, 2019	Wild Duck 5K	Guajome Park
Saturday, August 31, 2019	Balboa 4 Miler	Balboa Park
Saturday, September 14, 2019	Perros Bravos 10K	Sweetwater Regional Park
Saturday, September 28, 2019	Crazy 8's 5K	Rancho Bernardo Park
Saturday, October 12, 2019	Ursula Rains Balboa Boogie 5K	Mission Bay
Saturday, October 26, 2019	Cuyamaca College 6K	Lindo Lake Park
Sunday, November 10, 2019	USATF Cross Country Championships 8K/6K	Mission Bay

Series Entry

To enter the USATF SD-I Association Cross Country Series, runners must:

- * Be a current USATF SD-I Association member no later than the start of the third race in the series (September 14, 2019).
- * Be 18 years of age or older by the date of the Championship race.
- * By the third race:
 - Be listed on a team roster, or
 - If not listed on a team roster, run in one of the first 3 races, or contact the series director no later than the third race if unable to run one of the first 3 races.
- * There is no entry fee for the series (of course, you still must pay to enter the individual races).

Awards

- * Runners who complete all races will be recognized as Iron Dogs.
- * Cash awards will be presented to the highest scoring individual runners and teams. Depth and amount of awards will depend upon series sponsorship.

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* **USATF Membership:**

San Diego-Imperial Association Membership will be accessed from the USATF database immediately following each race through the third race. For information on joining USATF, or to check membership status, visit the Membership Page <http://www.usatf.org/Products---Services/Individual-Memberships.aspx>. Runners not listed in the USATF Membership database will not score in the race.

* **Association Change:** An athlete registered in a different USATF Association must be transferred to the San Diego-Imperial Association prior to being eligible to score in the series. The athlete must complete the Association Transfer Request with the USATF National Office prior to the third race. Send Association Transfer Requests to: <http://www.usatf.org/Products---Services/Individual-Memberships/Online-Form.aspx>.

* **Club Affiliation Changes:** Must be emailed to our San Diego-Imperial Association Membership Chair at membership@sandiego.usatf.org. To transfer representation from one club/organization to another, an athlete must not have competed for the first club in sanctioned competition for the previous ninety (90) days regardless of residency.

* **Notification of Changes:** Only an athlete may give notice of a change of representation. An athlete member who wishes to change representation shall email the San Diego-Imperial Association Membership Chair at membership@sandiego.usatf.org, prior to the effective date of the change.

* **FAQ's:** <http://www.usatf.org/membership/help/FAQ.asp>

Runners are responsible for accuracy of information in the USATF membership database, including name, age, gender, address, residency and Association. Incorrect data leading to scoring errors may be cause for disqualification.

Individual Scoring

* There are six divisions each for men and women: 39 & under, 40-49, 50-59, 60-69, 70-79, and 80 & over.

* A runner's division for the series is determined by his or her age on the date of the Championship races (November 10, 2019). For example, a runner turning 40 on November 1, 2019 would compete as a 40-year-old for series scoring purposes for the entire series.

* Scoring for all divisions and for all races except the Championship will be on the basis: 100-90-81-73-66-59-53-48-43-39-35-32-29-26-23-21-19-17-15-14-13-12-11-10-9-8-7-6-5-4-3-2 and 1 for all other eligible runners completing the race. No points will be awarded to disqualified runners.

* The point value of the Championship is doubled: 200-180-162...8-6-4-2 and 1 for all other eligible runners completing the race without disqualification.

* Runners must enter and compete in a minimum of two races in the USATF SD-I Association/Road Runner Sports Cross Country Series plus the Championship to be eligible for awards.

* A runner's total score for the series will be the score for the Championship plus the three best scores in other series races.

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Team Rosters

- * Each team must be a current member and resident of USATF SD-I Association. To check Membership status visits the USATF Club Membership page (<http://www.usatf.org/clubs/search/>).
- * There are five divisions each for men's and women's teams: Open, 40+, 50+, 60+, and 70+ based on ages as of the Championship race.
- * A member club may form an "A" team and a "B" team in any division and maintain a roster for each.
- * A roster of team members must be declared to the series director or results coordinator in writing before each race. The current USATF number must be provided on the roster for each listed team member.
- * Team members may be added to or deleted from rosters through the start of the third race event, but not later. Runners not registered with USATF SD-I Association by this date will be ineligible. Teams without enough eligible runners on their roster to score will be ineligible.
- * Each team member must meet the requirements for individual scoring listed above. If an individual does not meet the individual scoring requirements above (including entering and competing in a minimum of two races in the USATF SD-I Association/Road Runner Sports Cross Country Series plus the Championship) they will not be scored for their team for the championship race.
- * Runners may only be on one team. A runner may compete as a team member in a younger division than his/her individual division.

Team Scoring

- * Team competition will be scored in accordance with the USATF Rules of Competition, Rule 7.6, scoring by place, as modified below.
 - The team score shall be the total of the finishing positions of the scoring members. The team with the lowest total points is the team winner.
 - For Men's Open teams, the first five declared members of each team shall count in that team's score. For Women's Open teams and Men's 40+ teams, the first four declared members of each team shall count in that team's score. For all other teams, the first three declared members of each team shall count in that team's score.
 - For all teams, a maximum of eight runners shall retain their finishing positions and thereby displace other runners. Team entries not declared eligible for team scoring, and unattached or individual competitors will be eliminated from team scoring. Runners of incomplete teams will displace provided that the team could have scored as a complete team had all eligible runners shown for the race.
 - When separate competitions are conducted simultaneously, each shall be scored independently. Runners on teams not eligible for a given competition will be eliminated from team scoring in that competition.
 - In the event of a tie between two or more individual runners, each shall score the number of points determined by dividing the total of the finish places by the number of runners who have tied.

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- Ties between two or more teams shall be resolved by determining which team's last scoring member finished nearest to first place. If the tie still exists, the next to last scoring members are compared in the same way, etc.

* Teams will score on a 20-14-10-7-5-4-3-2-1 basis for all races except the Championship.

* The point value of the Championship is doubled (40-28-20-14-10-8-6-4-2 and 1 for all other eligible runners completing the race). No points will be awarded to disqualified runners.

* A team's total score for the series will be the score for the Championship plus the three best scores in other series races.

* Highest scores win. Higher placing in the Championship race will break ties.

* Teams shall make best efforts to ensure that team members wear team uniforms if they are provided. If teams do not provide uniforms, competitors may wear generic athletic wear with no team affiliation.

Individual and Team Scoring for Masters Division Races

* If a series race contests Masters divisions in a separate race, Masters division runners (including a runner who is 39 on race date but will turn 40 by the date of the championship race) must race with other Masters in the Masters Division race in order to be eligible for individual scoring or Masters team scoring.

[Special one-time **exception** to this rule: The **2019 Ursula Rains Balboa Boogie** will serve as the USATF National Championship Race for Masters runners. So a runner who is 39 on this race date will not be able to run in the Masters division race. A 39-year-old runner, turning 40 by the series Championship Race, will be scored based on where their time in the Open division race would have finished in the Masters division race].

* Masters division runners who are competing on an Open division team should run in the Masters division race and will be scored in the Open team competition based on where their time in the Masters division race would have finished in the Open division race.

* Runners under age 40 (based on age on the date of the championship race) must run with other Open division runners in the Open Division race in order to be eligible for either individual or team scoring.

Protests and Appeals

* Protests of eligibility, race results, or series scoring must be raised with the Series Director within 48 hours of initial posting or posting of amended results to www.dirtdogxc.com. The Series Director will respond to protests.

Appeals must be raised to the Series Director within 24 hours of response to protests.

* A consideration fee of \$100 must be submitted with the written appeal. The fee will be refunded if the ruling is favorable to the appellant; otherwise the fee will be donated to USATF SD-I Association.

* The Board of Directors of USATF SD-I Association will name a Jury of Appeal consisting of 3 individuals without actual conflict of interest in the matter being appealed.

Call the series director Paul Greer at (858) 573-1500 for more information.