

San Diego Track Club
54th Annual Balboa 4 Mile Cross Country

Saturday, September 1, 2018

Masters Results

Place	Name	No.	Age	Div/Tot	S City	Time	Pace
1	Okwaro Raura	158	43	1/22	M	23:07	5:47
2	JAMAAL RYAN	230	41	2/22	M San Diego	23:17	5:50
3	JASON BATTERSON	236	42	3/22	M San Diego	23:18	5:50
4	ROBERT VERHEES	232	52	1/12	M San Diego	23:23	5:51
5	Paul Wellman	209	40	4/22	M	23:28	5:52
6	RASHAAD FOREHAND	57	41	5/22	M	24:03	6:01
7	Michael Daly	46	42	6/22	M	24:21	6:06
8	BRIAN COULLAHAN	228	43	7/22	M San Diego	24:30	6:08
9	TOM BACHE	13	46	1/8	M	24:33	6:09
10	David Lipke	110	40	8/22	M	24:49	6:13
11	HILLARY CORNO	39	42	1/18	F	24:52	6:13
12	SAULO RIVERA	221	40	9/22	M San Diego	25:06	6:17
13	Adam Weiner	208	58	1/13	M	25:08	6:17
14	Adam Dailey	45	41	10/22	M	25:12	6:18
15	Marc Sosnowski	184	51	2/12	M	25:14	6:19
16	Jeff Creighton	40	55	2/13	M	25:27	6:22
17	Jens Lykke-Andersen	116	50	3/12	M	25:47	6:27
18	JIM WALSH	233	57	3/13	M San Diego	25:52	6:28
19	DEMIAN KLOER	229	49	2/8	M San Diego	26:04	6:31
20	David Easa	55	43	11/22	M	26:41	6:40
21	Jayson Fultz	60	46	3/8	M	27:10	6:48
22	THOM HUNT	231	60	1/13	M San Diego	27:25	6:52
23	JOSE RIVERA	161	46	4/8	M	27:29	6:53
24	RANDY RAY	159	42	12/22	M	27:30	6:53
25	Valerie Miller	130	48	1/6	F	27:36	6:54
26	andrew block	24	49	5/8	M	27:45	6:57
27	Philip Dunn	54	47	6/8	M	27:45	6:57
28	Mimo Parkins	147	53	4/12	M	28:06	7:02
29	MICHAEL LEBOLD	104	61	2/13	M	28:08	7:02
30	Mario Balcom	15	53	5/12	M	28:18	7:05
31	NATE MELSTER	127	40	13/22	M	28:20	7:05
32	DAVID JEWELL	226	54	6/12	M San Diego	28:24	7:06
33	MARSHALL VARANO	204	56	4/13	M	28:26	7:07
34	KIM MUELLER	138	42	2/18	F	28:44	7:11
35	GREG WAGNER	218	62	3/13	M San Diego	28:50	7:13
36	Jennifer Uwins	200	44	3/18	F	28:57	7:14
37	Daniel Vengler	205	44	14/22	M	29:04	7:16
38	sean stevenson	191	53	7/12	M	29:05	7:17
39	Jeff Ruland	162	58	5/13	M	29:09	7:18
40	RICK SIEBERN	222	58	6/13	M San Diego	29:15	7:19
41	LAURA STUART	192	53	1/6	F	29:17	7:20
42	TONY MARSHALL	120	73	1/7	M	29:31	7:23
43	TONY VAN DAELEN	202	51	8/12	M	29:40	7:25
44	BRYAN WALLBANK	219	50	9/12	M San Diego	29:44	7:26
45	Les Shibata	178	63	4/13	M	29:45	7:27
46	Oliver Hecker	81	54	10/12	M	29:47	7:27
47	CELESTINE ARAMBULO	7	48	2/6	F	29:49	7:28
48	BRIAN SKILERS	235	49	7/8	M San Diego	29:50	7:28
49	DAVID DUNBAR	53	68	1/8	M	29:52	7:28
50	DEBRA COOKSON	38	40	4/18	F	30:05	7:32
51	David Sanchez	167	42	15/22	M	30:19	7:35
52	Maria Salas	166	55	1/5	F	30:26	7:37
53	RON WELLS	227	72	2/7	M San Diego	30:34	7:39
54	Peter Gerstoft	70	60	5/13	M	30:54	7:44
55	JENNIFER WILLIAMS	212	41	5/18	F	30:55	7:44
56	Kyra Oliver	143	51	2/6	F	31:01	7:46
57	ROSEANN PARRY	148	52	3/6	F	31:02	7:46
58	Michael Caviston	32	57	7/13	M	31:05	7:47

59	Miguel Alvarez	5	60	6/13	M		31:20	7:50
60	Melissa Minjarez	132	41	6/18	F		31:25	7:52
61	J.Luis De La Cruz	48	46	8/8	M		31:34	7:54
62	Alex Tamayo	197	52	11/12	M		31:36	7:54
63	Zoe Chavez	34	42	7/18	F		31:49	7:58
64	Gabrielle Orsi	144	41	8/18	F		31:52	7:58
65	RICK BUSHORE	27	65	2/8	M		32:02	8:01
66	Gimi McCarthy	123	54	12/12	M		32:07	8:02
67	CATHERINE AYAN	12	43	9/18	F		32:18	8:05
68	MARC FROMMER	59	66	3/8	M		32:18	8:05
69	Nancy Wilkins-Diehr	211	56	2/5	F		32:27	8:07
70	Federico Alatorre	3	41	16/22	M		32:31	8:08
71	JACKIE MELCHOR	126	42	10/18	F		32:32	8:08
72	Raul Galindo	63	43	17/22	M		32:46	8:12
73	DANIEL DIEHR	223	69	4/8	M	San Diego	32:49	8:13
74	ANDREA GUZMAN	76	47	3/6	F		32:53	8:14
75	Kevin Miller	131	61	7/13	M		33:06	8:17
76	Lorena Pinon	150	40	11/18	F		33:07	8:17
77	ANNIE HERRIN	86	55	3/5	F		33:08	8:17
78	Gaby Barreiro	16	53	4/6	F		33:41	8:26
79	WILLIAM MOLESWORTH	133	65	5/8	M		34:05	8:32
80	Mat Zemel	217	41	18/22	M		34:08	8:32
81	Arcelia Cammall	30	57	4/5	F		34:19	8:35
82	MARY RYZNER	165	64	1/5	F		34:21	8:36
83	GORDON LUTES	115	74	3/7	M		34:29	8:38
84	Frank Whittemore	210	62	8/13	M		34:31	8:38
85	Yadira Galindo	62	42	12/18	F		34:33	8:39
86	KENT RICHARDSON	225	63	9/13	M	San Diego	34:36	8:39
87	Janet Morrone	137	42	13/18	F		35:09	8:48
88	CHRISTOPHER GIFFING	72	41	19/22	M		35:42	8:56
89	Bill Swafford	195	55	8/13	M		35:47	8:57
90	ROBB LATIMER	103	65	6/8	M		35:48	8:57
91	Corey Trouard	198	41	20/22	M		36:11	9:03
92	Abram Garcia	67	62	10/13	M		36:12	9:03
93	ROSAMARIA GARCIA	66	56	5/5	F		36:14	9:04
94	John O'Halloran	142	60	11/13	M		36:14	9:04
95	cely quidang	153	47	4/6	F		36:33	9:09
96	ERIKA GIFFING	73	40	14/18	F		36:53	9:14
97	ERNESTINA MARTINEZ	122	64	2/5	F		37:09	9:18
98	STEPHANIE JOHNSON	95	44	15/18	F		37:20	9:20
99	SANDRA PWDROZA HETT	239	50	5/6	F	San Diego	37:35	9:24
100	Tom Stark	188	65	7/8	M		37:58	9:30
101	PETER STERN	190	73	4/7	M		37:59	9:30
102	DEBORAH SHEA	177	64	3/5	F		38:03	9:31
103	Benny Holt	88	75	1/2	M		38:31	9:38
104	HERM FOUNTAIN	246	70	5/7	M	San Diego	39:24	9:51
105	KURT LAUER	245	56	9/13	M	San Diego	40:29	10:08
106	MARIAN SCHMIDT	172	63	4/5	F		40:35	10:09
107	SEAN HENNESSY	82	60	12/13	M		40:43	10:11
108	PETER GREGORY	240	56	10/13	M	San Diego	40:54	10:14
109	James Summers	193	59	11/13	M		41:35	10:24
110	MYRTLE SPOWART	186	65	1/3	F		42:16	10:34
111	Mil Yi	216	59	12/13	M		42:16	10:34
112	Judy Schickler	170	73	1/3	F		42:59	10:45
113	BENJAMIN SPOWART	185	62	13/13	M		44:29	11:08
114	Sabine Hecker	80	53	6/6	F		44:44	11:11
115	Jason Gundel	75	42	21/22	M		44:54	11:14
116	WARREN OSBORN	145	84	1/2	M		45:18	11:20
117	John Hayes	78	69	8/8	M		45:47	11:27
118	JEFF JACOBS	93	75	2/2	M		45:51	11:28
119	Eran Bermudez	22	38	1/2	F		46:07	11:32
120	Richard Haas	77	70	6/7	M		46:27	11:37
121	Anthony Chinchillas	35	56	13/13	M		47:21	11:51
122	Susana Ramirez	156	42	16/18	F		47:22	11:51
123	KIM SATTERLEE	169	68	2/3	F		47:37	11:55

124	Manya Hult	91	73	2/3	F		47:37	11:55
125	MARIA OCHOA	248	43	17/18	F	San Diego	48:24	12:06
126	EDUARDO OCHOA	249	43	22/22	M	San Diego	48:25	12:07
127	MARGOT LANOUE	102	37	2/2	F		48:54	12:14
128	Jody Cecil	33	67	3/3	F		52:38	13:10
129	Michael Jenkins	94	72	7/7	M		53:50	13:28
130	Kate Callen	29	63	5/5	F		54:15	13:34
131	LISA MILLER	234	42	18/18	F	San Diego	55:17	13:50
132	Christine Smith	149	48	5/6	F		59:11	14:48
133	VIRGINIA LOPEZ	113	78	1/1	F		59:29	14:53
134	EDWIN GOOKIN	1	84	2/2	M		1:03:15	15:49
135	MARY HOLLMA	238	72	3/3	F	San Diego	1:10:20	17:35
136	Anna Stedman	189	47	6/6	F		1:13:24	18:21