

## Change the Game 2nd Annual Meet

**Hosted by:** Change the Game Track and Field Club

**Date:** April 22, 2017

**Site:** Steele Canyon High School  
12440 Campo Road  
Spring Valley, Ca 91977



**Starting Time:** 7:00AM Packet Pick Up  
8:00AM Field and Running Events

**Meet Director:** Rodney Van, Sr.

**Assistant Meet Director:** Dewayne McBride

**Eligibility:** Boys and Girls in the following direction:

7&up (400m only).....	4/22/2017 (must be at least 7 on this date)
8&under.....	2010-2009
9-10.....	2008-2007
11-12.....	2006-2005
13-14.....	2004-2003
15-16.....	2002-2001

**Limitations:** 8&under thru 11-12 are limited to 3 events. 13 and up are limited to 4 events.

**Surface:** All weather track and runway only 3/16 needle spikes allowed. No pyramid spikes allowed.

**Registration:** Will be open on [www.coacho.com](http://www.coacho.com) on March 1, 2017 & close on Thursday, April 20, 2017 at 11:59pm.

**Entry Fee:** \$8.00 per athlete. Team entries are to be paid in cash or club check when picking up packet. Unattached entries to be paid in cash or money order (NO PERSONAL CHECKS ACCEPTED).

**Sanction:** Meet is sanctioned by USATF-San Diego Imperial Association

**LATE Registration:** Will be **NO** day of meet registration

**Coaches** will meet at the 50 yard line promptly at 0730.

**Awards:** Top 3 in all age groups will receive medals. 4<sup>th</sup>-8<sup>th</sup> place ribbons will be awarded.



**Concessions:** Food and drinks will be available for purchase.

**Meet Results:** Will be provided online at [www.sdusatf.org/youth.html](http://www.sdusatf.org/youth.html)

**Check-in:** All participants must check in at the Clerk of the Course when their events are called. Field event participants must report directly to the official on the field in charge of the event when called.

**MEET WILL TAKE PLACE RAIN OR SHINE**

**Running Events Start Time: 8:00AM PROMPT, FIRST call 7:30AM**

<b>400m Dash</b>	<b>7 and up (on day of meet)</b>
100m Dash	ALL Divisions
1500m Run	ALL Divisions
4x100m Relay	ALL Divisions
800m Run	ALL Divisions
200m Dash	ALL Divisions
4x400m Relay	ALL Divisions

**Field Events Start Time: 8:00AM PROMPT, FIRST call 7:30AM**

Shot Put	8 & under, 9-10, 11-12, 13-14, 15-16 (girls then boys)
Long Jump	15-16, 13-14, 11-12, 10-9, 8 & under (girls north side/boys south side)
Mini Javelin	11-12, 10-9, 8 & under (girls then boys contested on lower field)

If there are any questions, please do not hesitate to call (619) 646-3997 or email [mcbridedewaynectg@gmail.com](mailto:mcbridedewaynectg@gmail.com)

**Additional Information:**

This meet will have automatic timing. No pets, peanuts or sunflower seeds allowed in stadium. No food or sugary (includes Gatorade) drinks allowed on the infield, only water. Warm up area on the lower field. Canopies must be secured. Spectators are welcome to set chairs along the east and west side of track.