



Usa Rockets Youth Track Club Developmental *KICKOFF CLASSIC* **CHAMPIONS are made in *Practice!***

- Date :** March 10, 2018
- Time:** 8:00 a.m. (First call 7:30 A.M., for both track and field events)
- Location:** El Cajon Valley High School
1035 E. Madison Ave.
El Cajon, Ca 92021
- Directions:** (Please use Google Maps)
- Concession:** A Snack Bar will be available
- Package Pick-up:** Press box. **There will be no day-of meet registration.**
- Meet Director:** Caprece Pressley (619)841-8169, cdpre20twin@hotmail.com
- Asst. Meet Director:** Rantie Harper, rantieharper@yahoo.com
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is an eight lane all weather surface. Canopies are restricted to the top rows only, please secure them. The maximum spike requirement is **3/16 needle** for track, long jump and high jump areas.
- Warm up Area:** The warm-up area is reserved for athletes and Coaches only
- Entry Fees:** \$9.00 per Athlete. Entry fees must be paid before the athlete competes. Clubs please pay by club check, money order or cash. No personal checks checks payable to Usa Rockets. Participants and clubs may pay the day of the meet when they pick up their package.
- Entries:** All entries must be submitted online at www.athletic.net There will be no day of the meet registration or changes. Please review your entries very carefully before the entry deadline date. (Please send times)
- Deadline:** **All entries are due Midnight: Thursday March 08, 2018**
- First Aid:** First Aid will be available and located in a designated area.

Age Divisions:	8 & under	2010+
	9-10	2008- 2009
	11-12	2006 - 2007
	13-14	2004 - 2005
	15-16	2002 - 2003
	17-18	2000 - 2001

Event Limitations: 8 & under thru 11-12 divisions are limited to **three** events.
13-14 and Up are limited to **four** events

Individual Awards: Ribbons will be awarded to everyone

Check-in: **Running Events:** Report to the clerk of the course when the event is called. Three calls will be given for each event. All times are fully automatic.

Field Events: Report directly to that event when the event is called. Three calls will be given for each event. All athletes will be given three attempts. **No other jumps after those attempts. No Finals**

Coaches Meeting: **7:30** A.M. will be held in the center of the in field
MEET WILL BE CONTESTED RAIN OR SHINE.

Community: Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.

Meet Results: Meet results will be provided free to all registered teams and participants, via e-mail or you may view them at <http://www.sandiego.usatf.org/Youth/Youth-Track---Field.aspx> or www.athletic.net

Schedule of Events

Track Events – First Call 7:30 a.m. Track Events – Start Time 8:00 a.m.

RUNNING EVENTS

DIVISIONS

- | | |
|---------------------------|--|
| 1. 1500m run | All Divisions |
| 2. 100m dash | G & B 8u Only |
| 3. 1500m race walk | G & B 8u, 9-10, 11-12 (may be combined) |
| 4. 3000m race walk | G & B 13-14, 15-16 (may be combined) |
| 5. 200m dash | All Divisions (final) |
| 6. 800m run | All Divisions (final) |
| 7. 4x100m relay | All Divisions (final) |
| 8. 400m dash | All Divisions (final) |
| 9. 50M dash lollipop Race | G & B 5&U(child may be accompanied by one parent)) |
| 10. 4x400m Relay | All Divisions (final) |

Field Event – First Call 7:30 a.m. Field Events – Start Time 8:00 a.m

Competitors must check in at the field event site. All field events are final.

High Jump	G11-12, B11-12, G13-14, B13-14, G9-10, B9-10, G15-16, B15-16
Long Jump	G13-14, B13-14, G8&U, B8&U, G9-10, B9-10, G11-12, B11-12, G15-16, B15-16
Mini Javelin	G9-10, B9-10, G8&U, B8&U
Aero Javelin	11-12G, 11-12B (Event follows the Mini-Javelin)
Shot Put	B8&U, G8&U, G13-14, B13-14, G11-12, B11-12, G9-10, B9-10, G15-16, B15-16
Discus	15-16B, I5-16G, 13-14G, 13-14B, 11-12G, 11-12B