



Ursula Rains Balboa Boogie 5K (Morley Field)

October 8, 2016

Race Director: Nancy Morris

Race 5 of 2016 USATF/Movin Shoes Dirt Dog XC Series

Masters Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
1	Nazario Romero	17:09	Yes	42	M	40-49	1	100	Jamul Toads	40+	1
2	Jason Batterson	17:13	Yes	40	M	40-49	2	90	Prado Racing Team	40+	2
3	Michael Daly	17:21	Yes	40	M	40-49	3	81	boom RUNNING	40+	3
4	John Healy	17:39	Yes	45	M	40-49	4	73	boom RUNNING	40+	4
5	Tom Bache	17:48	Yes	44	M	40-49	5	66	San Diego Track Club	40+	5
6	Ciro Melendez	17:55	Yes	45	M	40-49	6	59	Jamul Toads	40+	6
7	Brian Culley	18:14	Yes	45	M	40-49	7	53	Prado Racing Team	40+	7
8	Sergio Ribeiro	18:16		46	M						
9	Michael Hansen	18:18		49	M						
10	David Easa	18:25	Yes	41	M	40-49	8	48	boom RUNNING	40+	8
11	Marc Sosnowski	18:29	Yes	49	M	40-49	9	43	Prado Racing Team	40+	9
12	Jeff Creighton	18:31	Yes	53	M	50-59	1	100	Prado Racing Team	50+	1
13	Joel Bernard	18:32	Yes	43	M	40-49	10	39	Prado Racing Team	40+	10
14	Juan Ayala Castro	18:43	Yes	42	M	40-49	11	35	San Diego Track Club	40+	11
15	Chris Hupfeld	18:47	Yes	47	M	40-49	12	32	Prado Racing Team	40+	12
16	Stephen Johnson	19:05	Yes	45	M	40-49	13	29	boom RUNNING	40+	13
17	Edgar Diaz	19:15	Yes	42	M	40-49	14	26	San Diego Track Club	40+	14
18	Jose Rivera	19:33	Yes	44	M	40-49	15	23	San Diego Track Club	40+	15
19	Amy Halseth	19:40	Yes	46	F	40-49	1	100	Prado Racing Team	40+	1
20	Sheldon Subith	19:45	Yes	61	M	60-69	1	100	San Diego Track Club	60+	1
21	Scott McEntee	19:47	Yes	59	M	50-59	2	90	Prado Racing Team	50+	2
22	Patrick McBride	19:53	Yes	43	M	40-49	16	21	San Diego Track Club	40+	16
23	Marshall Varano	20:06	Yes	54	M	50-59	3	81	Jamul Toads	50+	3
24	John Griego	20:08	Yes	58	M	50-59	4	73	San Diego Track Club	50+	4
25	Dave Spinler	20:20	Yes	57	M	50-59	5	66	San Diego Track Club	50+	5
26	Celestine Arambulo	20:25	Yes	46	F	40-49	2	90	RunningSkirts Runderlust	40+	2
27	Demian Kloer	20:31	Yes	47	M	40-49	17	19	Jamul Toads	40+	17
28	Jennifer Uwins	20:34	Yes	42	F	40-49	3	81	San Diego Track Club	40+	3
29	Randy Ray	20:39	Yes	40	M	40-49	18	17	Jedi Masters	40+	18
30	Laura Stuart	20:42	Yes	51	F	50-59	1	100	San Diego Track Club	40+	4
31	Roseann Parry	20:46	Yes	50	F	50-59	2	90	San Diego Track Club	40+	5
32	Ronald Wells	20:58	Yes	70	M	70+	1	100	Florida Track Club-W	70+	1
33	Sean Stevenson	21:00	Yes	51	M	50-59	6	59	Jamul Toads	50+	6
34	Rick Siebern	21:12	Yes	56	M	50-59	7	53	San Diego Track Club	50+	7
35	Hank Sullivan	21:13	Yes	67	M	60-69	2	90	San Diego Track Club	60+	2
36	Maureen Friend	21:15	Yes	50	F	50-59	3	81	San Diego Track Club	50+	1
37	Jessica Karlsson	21:35	Yes	34	F	Open	***		RunningSkirts Runderlust	Open	***
38	Jennifer Matthews	21:41	Yes	42	F	40-49	4	73	RunningSkirts Runderlust	40+	6
39	Michael Lebold	21:51	Yes	59	M	50-59	8	48	Jamul Toads	50+	8
40	David Dunbar	21:59	Yes	66	M	60-69	3	81	Jamul Toads	50+	9
41	Glen Freter	22:09	Yes	54	M	50-59	9	43	San Diego Track Club	50+	10
42	Ivan Carlos	22:20	Yes	46	M	40-49	19	15			
43	Kamran Rahbar	22:23	Yes	57	M	50-59	10	39	San Diego Track Club	50+	11



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Masters Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
44	Alex Tamayo	22:32	Yes	50	M	50-59	11	35	Bonita Road Runners	50+	12
45	Rick Bushore	22:37	Yes	63	M	60-69	4	73	San Diego Track Club	60+	3
46	Zorica Rahovic	22:37	Yes	44	F	40-49	5	66	San Diego Track Club	40+	7
47	Jackie Melchor	22:45		40	F						
48	Gordon Lutes	22:58	Yes	71	M	70+	2	90	San Diego Track Club	70+	2
49	Dale Reed	23:03	Yes	53	M	50-59	12	32	Bonita Road Runners	50+	13
50	Tracy Rose	23:08	Yes	53	F	50-59	4	73	San Diego Track Club	50+	2
51	Paul Baumhoefner	23:11	Yes	64	M	60-69	5	66	San Diego Track Club	60+	4
52	Abram Garcia	23:20	Yes	60	M	60-69	6	59	Bonita Road Runners	50+	14
53	Linda Powers	23:25	Yes	58	F	50-59	5	66	San Diego Track Club	50+	3
54	William Molesworth	23:26	Yes	63	M	60-69	7	53	San Diego Track Club	60+	5
55	Jon Grant	23:29		52	M						
56	Andrea Guzman	23:41		45	F						
57	Karen Villedieu	23:43	Yes	59	F	50-59	6	59	San Diego Track Club	50+	4
58	Robb Latimer	23:45	Yes	64	M	60-69	8	48	San Diego Track Club	60+	6
59	Lisa Routhier	23:48	Yes	47	F	40-49	6	59	San Diego Track Club	40+	8
60	Ron Enos	23:54	Yes	71	M	70+	3	81	Florida Track Club-W	70+	3
61	Kent Richardson	23:57	Yes	61	M	60-69	9	43	San Diego Track Club	60+	7
62	Andy Roth	24:05		48	M						
63	Janice Riedel	24:11	Yes	53	F	50-59	7	53	San Diego Track Club	50+	5
64	Jacob Ritland	24:12	Yes	41	M	40-49	20	14	RunningSkirts Runderlust	40+	19
65	Melissa Sosnowski	24:18	Yes	47	F	40-49	7	53	RunningSkirts Runderlust	40+	9
66	Steve Doyle	24:31	Yes	68	M	60-69	10	39	Florida Track Club-W	60+	8
67	Sheli Lachel	24:32	Yes	52	F	50-59	8	48	San Diego Track Club	50+	6
68	Marian Schmidt	24:34	Yes	61	F	60-69	1	100	San Diego Track Club	60+	1
69	Kevin Latin	24:51		55	M						
70	Ellen Fleischman	24:54	Yes	54	F	50-59	9	43	San Diego Track Club	50+	7
71	Mary Ryzner	25:06	Yes	62	F	60-69	2	90	San Diego Track Club	60+	2
72	Deborah Shea	25:23	Yes	62	F	60-69	3	81	San Diego Track Club	60+	3
73	John Buckley	25:40		67	M						
74	Nela Cavelis	25:42	Yes	48	F	40-49	8	48	San Diego Track Club	40+	10
75	Brad Beddow	25:57		58	M						
76	Dennis Kasischke	26:04	Yes	70	M	70+	4	73	San Diego Track Club	70+	4
77	Kenneth Pinckney	26:26	Yes	40	M	40-49	21	13	Jedi Masters	40+	20
78	Christine Young	26:33	Yes	67	F	60-69	4	73	San Diego Track Club	60+	4
79	Peter Stern	26:51	Yes	71	M	70+	5	66	San Diego Track Club	70+	5
80	Douglas Kenyon	26:58	Yes	73	M	70+	6	59	San Diego Track Club	70+	6
81	Antonio Melchor	27:01	Yes	55	M	50-59	13	29	Jedi Masters	50+	15
82	Summer Pretzer	27:14	Yes	41	F	40-49	9	43	San Diego Track Club	40+	11
83	Lee Miller	27:21	Yes	39	F	40-49	10	39	RunningSkirts Runderlust	40+	12
84	Michelle Castaneda	27:42		56	F						
85	Jennifer Soule	28:09	Yes	45	F	40-49	11	35	San Diego Track Club	40+	13
86	Sean Hennessy	28:23		58	M						



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Masters Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
87	Javier Rios	28:39	Yes	55	M	50-59	14	26	Jedi Masters	50+	16
88	Joseph Ortiz	29:05	Yes	44	M	40-49	22	12	Jedi Masters	40+	21
89	Doreen Karp	29:09	Yes	68	F	60-69	5	66	San Diego Track Club	60+	5
90	Kathy Linenberger	29:12	Yes	57	F	50-59	10	39	San Diego Track Club	50+	8
91	Myrtle Spowart	29:50	Yes	63	F	60-69	6	59	San Diego Track Club	60+	6
92	James Summers	29:50	Yes	57	M	50-59	15	23			
93	Jaye Morris	29:53	Yes	51	F	50-59	11	35	San Diego Track Club	50+	**
94	Jeffrey Jacobs	29:59		73	M						
95	Veronica Reyes	30:54	Yes	44	F	40-49	12	32	RunningSkirts Runderlust	40+	14
96	Manya Hult	31:10	Yes	71	F	70+	1	100	San Diego Track Club	70+	1
97	Miyuki Takahashi B	31:41		51	F						
98	C. Jean Law	31:50		57	F						
99	Kim Satterlee	33:23	Yes	66	F	60-69	7	53	San Diego Track Club	60+	7
100	Benjamin Spowart	34:17	Yes	61	M	60-69	11	35			
101	Warren Osborn	34:27	Yes	82	M	70+	7	53	San Diego Track Club (80+)	70+	7
102	Amy Allen	35:58	Yes	71	F	70+	2	90	San Diego Track Club	70+	2
103	Jim McNulty	36:00		50	M						
104	Edwin Gookin	36:01	Yes	82	M	70+	8	48	San Diego Track Club (80+)	70+	8
105	Mitchel Karp	38:33	Yes	80	M	70+	9	43	San Diego Track Club (80+)	70+	9
106	Patricia Bentz	39:41	Yes	73	F	70+	3	81	San Diego Track Club	70+	3
107	Martha Walker	40:25	Yes	80	F	70+	4	73	San Diego Track Club	70+	4
108	Virginia Lopez	41:54	Yes	76	F	70+	5	66	San Diego Track Club	70+	5
109	Donna Gookin	44:35	Yes	79	F	70+	6	59	San Diego Track Club	70+	6

Note:

*Dirt Dogs must have entered series and obtained San Diego-Imperial USATF membership by Race 3

**Top 8 team members score

***Open runners must run in open race

Division age based on date of championship race (November 13, 2016)



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Race 5 of 2016 USATF/Movin Shoes Dirt Dog XC Series

Open Race



Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
1	Armando Rabadan	16:12		19	M						
2	Daniel Seidel	16:19	Yes	36	M	Open	1	100	Prado Racing Team	Open	1
3	Thomas Whitcomb	16:38	Yes	29	M	Open	2	90	Prado Racing Team	Open	2
4	Chris vanBlommestein	16:46	Yes	35	M	Open	3	81	boom RUNNING	Open	3
5	Charles McKeown	16:51	Yes	34	M	Open	4	73	Prado Racing Team	Open	4
6	Derrick Lloyd	16:53	Yes	24	M	Open	5	66	Prado Racing Team	Open	5
7	Charlie Gamble	17:00	Yes	28	M	Open	6	59	San Diego Track Club	Open	6
8	Ryland Lyons	17:01		20	M						
9	Alex Phipps	17:03	Yes	35	M	Open	7	53	Prado Racing Team	Open	7
10	Tyler Hansen	17:05		20	M						
11	Steven O'Sullivan	17:07		20	M						
12	Luis De La Vega	17:08	Yes	31	M	Open	8	48	boom RUNNING	Open	8
13	Blake Wilson	17:10	Yes	23	M	Open	9	43	Prado Racing Team	Open	9
14	Rory Golden	17:24	Yes	31	M	Open	10	39	boom RUNNING	Open	10
15	Sufiayana Mansuri	17:32		22	M						
16	David Dunbar	17:35	Yes	36	M	Open	11	35			
17	Rafael Valente	17:41	Yes	30	M	Open	12	32	San Diego Track Club	Open	11
18	Alex Samarin	17:45	Yes	29	M	Open	13	29	San Diego Track Club	Open	12
19	Bridie McCarey	17:48	Yes	27	F	Open	1	100	boom RUNNING	Open	1
20	Lindsay Hamoudi	17:51	Yes	37	M	Open	14	26	boom RUNNING	Open	13
21	Greg Lemon	17:55	Yes	29	M	Open	15	23	boom RUNNING	Open	14
22	Brandon Pomerantz	17:56	Yes	29	M	Open	16	21	San Diego Track Club	Open	15
23	Greg Manning-Smith	17:58		27	M						
24	Maximiliano Mojica	17:59		16	M						
25	Luis Santana	18:02		17	M						
26	Temesgen Petros	18:12	Yes	25	M	Open	17	19	Jamul Toads	Open	16
27	Saulo Rivera	18:15	Yes	39	M	Open	18	17			
28	Robert James	18:22	Yes	32	M	Open	19	15	San Diego Track Club	Open	17
29	Jerry Bugh	18:40	Yes	32	M	Open	20	14	Jamul Toads	Open	18
30	Jose Rodriguez	18:42	Yes	24	M	Open	21	13	Prado Racing Team	Open	19
31	Erica Schoeller	18:47	Yes	32	F	Open	2	90	San Diego Track Club	Open	2
32	Edward Teach	18:49		35	M						
33	Maija Hitchings	18:51	Yes	32	F	Open	3	81	RunningSkirts Runderlust	Open	3
34	Jennifer Santa Maria	19:01	Yes	37	F	Open	4	73	boom RUNNING	Open	4
35	Kathy Dunbar	19:08	Yes	35	F	Open	5	66	Prado Racing Team	Open	5
36	Chris Moreland	19:19	Yes	34	M	Open	22	12	San Diego Track Club	Open	20
37	Vera Ross	19:20	Yes	29	F	Open	6	59	RunningSkirts Runderlust	Open	6
38	KC Meehan-Culley	19:20		36	F						
39	Meriah Earle	19:26	Yes	38	F	Open	7	53	San Diego Track Club	Open	7
40	Angelina Montano	19:44		20	F						
41	Stefanie Flynn	19:50	Yes	32	F	Open	8	48	San Diego Track Club	Open	8
42	Matthew Beckel	19:51		27	M						
43	Kevin Bretney	19:53	Yes	29	M	Open	23	11	Balboa Track Club	Open	21



Ursula Rains Balboa Boogie 5K (Morley Field)

October 8, 2016

Race Director: Nancy Morris

Race 5 of 2016 USATF/Movin Shoes Dirt Dog XC Series

Open Race

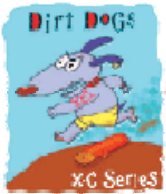


Race Place	Name	Time	Dirt Dog*	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
44	Diana Magana	19:56		16	F						
45	Damien Diaz	19:58		33	M						
46	Karen Merino	20:07		21	F						
47	Jason Karp	20:08		43	M						
48	Lauren Curley	20:17	Yes	27	F	Open	9	43	RunningSkirts Runderlust	Open	9
49	Annabel Anderson	20:21		35	F						
50	Karla Khalifa	20:27	Yes	33	F	Open	10	39	RunningSkirts Runderlust	Open	10
51	Bessy Leszczynski	20:31		32	F						
52	Simon Kobayashi	20:32		27	M						
53	Rogelio Aguilar	20:49		19	M						
54	Chad Crawford	21:06		35	M						
55	Lisa Ryan	21:10	Yes	37	F	Open	11	35	San Diego Track Club	Open	11
56	Victoria Barana	21:39	Yes	37	F	Open	12	32	San Diego Track Club	Open	12
57	Kelly Szklany	21:39	Yes	34	F	Open	13	29	San Diego Track Club	Open	13
58	Jessica Karlsson	22:15	Yes	34	F	Open	14	26	RunningSkirts Runderlust	Open	14
59	Diego Ocaranza	22:45		14	M						
60	Awkena Duran	22:46		20	F						
61	Kaylee Seekon	22:48		18	F						
62	Gavin Dean	24:26		11	M						
63	Daisy Arteaga Fave	24:39		19	F						
64	KC Bell	24:51		29	F						
65	Melissa Ritland	25:27		36	F						
66	Angeline Arambulo	25:50		13	F						
67	Colleen McKerlie	25:56		37	F						
68	Lexine Arambula	27:31		11	F						
69	Ivonne Calderon	28:51		35	F						
70	Kathleen King	29:46		36	F						
71	Faith Sedlock	30:54		11	F						
72	Nicole Rios Manriq	36:48		16	F						

Note:

*Dirt Dogs must have entered series and obtained San Diego-Imperial USATF membership by Race 3

Division age based on date of championship race (November 13, 2016)



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October 8, 2016

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Race 5 of 2016 USATF/Movin Shoes

Dirt Dog XC Series -- Team Score



Mens Open Division (5)										
	1	2	3	4	5	6	7	8	Total	Score
Prado Racing Team	1	2	4	5	7	9	19	X	19	20
boom RUNNING	3	8	10	13	14	X	X	X	48	14
San Diego Track Club	6	11	12	15	17	20	X	X	61	10
Balboa Track Club	21	X	X	X	X	X	X	X	Incomplete	
Jamul Toads	16	18	X	X	X	X	X	X	Incomplete	
Mens 40+ Division (4)										
	1	2	3	4	5	6	7	8	Total	Score
Prado Racing Team	2	7	9	10	12	X	X	X	28	20
boom RUNNING	3	4	8	13	X	X	X	X	28	14
San Diego Track Club	5	11	14	15	16	X	X	X	45	10
Jamul Toads	1	6	17	X	X	X	X	X	Incomplete	
Jedi Masters	18	20	21	X	X	X	X	X	Incomplete	
RunningSkirts Runderlust	19	X	X	X	X	X	X	X	Incomplete	
Mens 50+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	4	5	7	10	11	X	X	X	16	20
Jamul Toads	3	6	8	9	X	X	X	X	17	14
Bonita Road Runners	12	13	14	X	X	X	X	X	39	10
Jedi Masters	15	16	X	X	X	X	X	X	Incomplete	
Prado Racing Team	1	2	X	X	X	X	X	X	Incomplete	
Mens 60+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	1	2	3	4	5	6	7	X	6	20
Florida Track Club-West	8	X	X	X	X	X	X	X	Incomplete	
Mens 70+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	2	4	5	6	X	X	X	X	11	20
San Diego Track Club (80+)	7	8	9	X	X	X	X	X	24	14
Florida Track Club-West	1	3	X	X	X	X	X	X	Incomplete	
Womens Open Division (4)										
	1	2	3	4	5	6	7	8	Total	Score
RunningSkirts Runderlust	3	6	9	10	14	X	X	X	28	20
San Diego Track Club	2	7	8	11	12	13	X	X	28	14
boom RUNNING	1	4	X	X	X	X	X	X	Incomplete	
Prado Racing Team	5	X	X	X	X	X	X	X	Incomplete	
Womens 40+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	3	4	5	7	8	10	11	13	12	20
RunningSkirts Runderlust	2	6	9	12	14	X	X	X	17	14
Prado Racing Team	1	X	X	X	X	X	X	X	Incomplete	
Womens 50+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	1	2	3	4	5	6	7	8	6	20
Womens 60+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	1	2	3	4	5	6	7	X	6	20
Womens 70+ Division (3)										
	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	1	2	3	4	5	6	X	X	6	20